



THE SPA

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CASA de CAMPO®



# *Interactive Menu*

SPA ETIQUETTE

CASA DE CAMPO WELLNESS JOURNEYS

THE ESSENTIALS FACIAL COLLECTION

ADVANCE FACIAL COLLECTION

FACIAL COLLECTION ENHANCEMENTS

MASSAGE COLLECTION

MASSAGE ENHANCEMENTS

BODY COLLECTION

BODY ENHANCEMENTS

EXPRESS SERVICES

TOUCH FREE SERVICES





# Spa Etiquette

Our basic guidelines let you know what to expect at The Spa at Casa de Campo, so you can feel at ease and get the most out of your visit.

## HOURS\*

SPA & WELLNESS	9 A.M. – 7 P.M.
THERMAL EXPERIENCE	8 A.M. – 7 P.M.
SPA CAFÉ & JUICE BAR	9 A.M. – 7 P.M.

\*Hours are subject to change without notice.

## SCHEDULING

To schedule an appointment, please speak to our wellness concierge, who will arrange your perfect experience. If you are a hotel guest, you may dial extension 2600 from your room. Non-hotel guests may call 809-523-2600 for appointments and information. You may also visit: [www.casadecampo.com.do/experiences/spa](http://www.casadecampo.com.do/experiences/spa) to book on-line. We recommend advance booking, to ensure availability of your preferred time and service.

## CHECK-IN

You are requested to arrive 60 minutes prior to our appointment. This will allow you time to sign in, change clothes, and partake in our world-class co-ed Hydrothermal Experience before your service. We recommend bringing bathing attire.

## SPECIAL HEALTH CONSIDERATIONS

When you make your reservation, please notify our wellness concierge if you are pregnant or have high blood pressure, allergies, physical ailments, or special needs.

## LATE ARRIVAL

Please be aware that arriving late may affect the length of your treatments. Your service will end on time so as not to delay the next guest. We appreciate your understanding and cooperation.

## CANCELLATION

Please provide at least 24 hours' notice when canceling or rescheduling spa services to avoid a 100 percent charge.

## SPA ATTIRE

You will be provided with a robe and slippers at the spa. Please undress to your level of comfort. Undergarments are not necessary during spa treatments but may be worn if desired. Our professionally trained staff uses proper draping techniques to protect your privacy and comfort at all times. Disposable undergarments will be provided for all body treatments.



# Spa Etiquette



## SHAVING

Shaving is not recommended prior to any body exfoliation treatment. We suggest that men shave at least three hours before a facial treatment.

## HEALTHY & QUIET ENVIRONMENT

The spa is a place of relaxation and tranquility. To preserve this serenity, we respectfully ask that you silence your cell phone and refrain from using it in the locker rooms, Hydrothermal Experience area, relaxation areas and all treatment areas.

## AGE REQUIREMENT

Guests must be at least 18 years old to access the Hydrothermal Experience and treatment areas.

## TAXES & GRATUITIES

All Spa prices are quoted in US dollars and are subject to 18% taxes and 10% of service charge. Rates are subject to change without notice.





# Wellness Journeys

## COMBINING THE ART OF ANCIENT HEALING WITH THE SCIENCE OF WELLBEING AND DISTINCTIVE GLOBAL LUXURY BRANDS

Our signature collection of curated Wellness Journeys brings together German state-of-the-art wellness technology, various ancient healing traditions and uniquely luxurious, family-owned skin care brands from around the globe. These deeply restorative experiences will endow your mind, body and spirit with peace & tranquility while imparting true luxury, and a special sense of place.



# Wellness Journeys

## CASA DE CAMPO WITH MORINGAIA

Moringaia is a family-owned, truly natural skincare and wellness brand. Made sustainably right here on the north coast of the Dominican Republic. Moringaia began as a mission to end deforestation by creating the demand for Moringa (also known as the Miracle Tree) and giving back to our local community. Moringaia is a mission with a brand, not a brand with a mission. All products are made in their solar-powered lab.

## ORGANIC GARDEN-TO-TABLE GLOW | 120 MINUTES | \$365

The ideal journey for Purists and Nature lovers alike, this treatment uses local, all-natural and preservative-free ingredients. Nourishing honey, moringa oil, pure cane sugar, hibiscus extract and other garden treasures come together to reveal supple skin and restore a youthful radiance. Includes a scalp treatment, full-body exfoliation, refreshing cleanse in a tranquil garden shower, followed by a massage and nourishing facial to leave you glowing from tip-to-toe. Your journey concludes with an energizing Moringa wellness shot and light snack.

## CASA DE CAMPO WITH EVIDENS DE BEAUTE

The origins of EviDens de Beaute are rooted in a love story between French-born Charles-Edouard Barthes and his beloved Eriko, the inspiration behind the brand and embodiment of complementary cultures. This luxury cosmetics Maison combines high-tech beauty expertise from Japan with the ultimate in French Art de vivre. Renowned for its antiaging expertise, it is the only brand that targets all skin types, even the most sensitive. With its exclusive Triple Collagen technology, EviDens de Beaute products deliver visible results from the first week of using Saho rituals—the ancestral beauty ceremonies of Japanese women. The brand cultivates a luxurious approach to effectiveness, wellbeing and sensoriality for both the face and body of women and men.

## THE SIGNATURE BODY JOURNEY | 120 MINUTES | \$365

A luxurious gentle exfoliation incorporated into a Lomi Lomi inspired head-to-toe massage by Evidens de Beaute. A perfect journey harnessing traditional Hawaiian healing methods and the intoxicating scents of Rose, Jasmine and Tuberose. It begins with a delicate body peeling treatment that utilizes enzyme technology adapted for all skin types, even the most sensitive ones. The skin is transformed to velvety soft and left perfectly hydrated. Next, a full-body massage that envelopes and molds the entire body with the use of deep palm and forearm pressure, and free-flowing strokes. Stress tension and stiffness float away as the flow of energy is restored. Ideal for those with deep-seated and longstanding muscle tension. Your journey concludes with your choice of French-pressed coffee or tea and a light snack.



# Wellness Journeys

In partnership with Gharieni, global luxury wellness technology leader, we bring a 21st century experience to the wellness seeker. Our unique MLX i3Dome and Welnamis Aqua Wave Bed for vibration and binaural acoustics can be experienced alone, or in combination with spa treatments to harmoniously elevate the wellness experience.

Each bed delivers verified benefits, as informed by third party research studies—paving the way for the future of wellness:

**MLX i3DOME** is the new generation touchless detox therapy combining 3 ultra-effective wellness technologies:

- o **Far Infrared Rays:** powerful yet gentle technology that gradually increases body temperature to aid in cellular waste removal, boost the metabolism, reduce inflammation and alleviate pain.

- o **Plasma:** for stress relief and to boost energy.

- o **Light Therapy** for skin rejuvenation and activation of cellular mitochondria.

**WELNAMIS** means a “wave of wellness”. This unique treatment bed combines vibration, light and binaural acoustics to deliver an extraordinary mindfulness / power napping experience. Excellent for alleviating jet lag, improving quality and quantity of sleep, relieving anxiety and mood swings, along with combating the negative effects of stress.

Select from hands-on or touchless experiences to enhance chronic disease prevention, improve mental acuity, and provide wellbeing optimization.

## CASA DE CAMPO DETOX & RESTORE | 120 MINUTES | \$365

Featuring the MLX i3DOME combined with ancient healing rituals MORINGAIA

Embark on this wellness journey with a warm cleansing shower, followed by a 30-minute detox session and scalp massage using restorative hair oil. You will move to another treatment suite for a refreshing garden shower, followed by a full-body lymphatic massage using nourishing Moringaia products. A deep hydration facial with steam will replenish and restore your skin's natural moisture levels. Your journey concludes with refreshing coconut water and a light snack.





# Wellness Journeys

## CASA DE CAMPO WITH VOYA

VOYA has set the standard for truly effective, certified organic skincare worldwide. Created lovingly by the Walton family on the west coast of Ireland, VOYA is the world's first certified organic seaweed-based skincare range. A variety of hand-picked, wild Irish seaweeds, rich in phyto nutrients and minerals, are blended with a wealth of the purest organic active ingredients and essential oils to bestow the Sea's restorative and healing powers. From skincare products—to home fragrances—to one-of-a-kind seaweed baths, VOYA will delight and indulge every one of your senses.

## REVITALIZING SEA SLUMBER | 120 MINUTES | \$365

Featuring the WELNAMIS Aqua Wave Bed combined with ancient healing rituals. The ultimate journey of relaxation begins with a total body dry brushing and anointing of oils to calm the Central Nervous System. Next, a full-body Voya massage relieves tension and soothes the body. A gentle facial cleanse prepares the skin for a balancing seaweed face oil combined with lymphatic massage to decongest and reduce puffiness around the eye area. Organic seaweed compresses, hand-harvested from the Atlantic Ocean, refresh and rejuvenate tired eyes. Now you're ready to drift away to the soothing sounds of binaural beats and the warm, gentle vibrations of the Welnamis Aqua Wave Bed. Your journey concludes with your choice of tea and a light snack.

## CASA DE CAMPO WITH LOLA'S APOTHECARY

Wishing to combine his passions for spa, wellness and nature into one holistic vision, Dominic set out to create a range of couture natural beauty, spa and wellness wonders, to be handmade by inspired artisans on his picturesque English family estate. Each product would be thoughtfully curated to bring joy, wellness and peace to the recipient. The products would be made by hand in small batches, capturing the magic of essential oil fragrance and the joyful love of Nature in every bottle. The products would be packaged only in glass to protect and honor the potent natural materials within. The business would be a pioneer in sustainability, respecting the environment with every decision. Welcome to Lola's Apothecary brought to you by a team of Artisans from the local community of Devon, England.

## THE ART OF SELF-LOVE | 120 MINUTES | \$365

Featuring the WELNAMIS Aqua Wave Bed combined with ancient healing rituals Lola's Apothecary. Quite possibly the rarest act of love is taking time to love oneself. This decadent journey is for those in need of a bit of TLC wrapped in luxurious indulgence. This experience begins with a full-body exfoliation to polish dull, tired skin. After a refreshing rinse in your private garden shower, your body is enveloped in Lola's famously indulgent Queen of Roses Milk Wrap. While you float away on a warm sea of relaxing vibrations, your face will be lovingly cleansed, exfoliated and massaged to perfection before a deeply hydrating mask restores your radiant luminescence. After the milk bath is removed, an application of sumptuous body souffle leaves the skin silky and glowing. Your journey concludes with a decadent treat and a glass of Champagne.





MENU



# The Essentials Facial Collection

A professionally prescribed skin care program is vital to maintaining healthy, vibrant skin. Relax and unwind as our skilled Esthetician rejuvenates and refines your skin's texture helping to slow the effects of time. Any of these spectacular treatments can be paired with Advanced Facial offerings to boost the effects for more noticeable, immediate results.

## **EVIDENS DE BEAUTE BESPOKE ANTI-AGING BEAUTY CEREMONY | 60 MIN - \$185 | 90 MIN - \$275**

Whether you are looking for supple hydration, to detox and purify your skin or to reduce hyperpigmentation, this exclusive beauty ritual delivers exceptional results. Japan is world renowned for its expertise in cosmetology. Evidens De Beaute has developed its products in collaboration with one of Japan's most eminent cell regeneration specialists. Triple Collagen and other patented complexes will restore a lifted, youthful glow suitable for even the most sensitive skin. The 90-minute version features the most advanced formulas and/or two mask applications and a newborn eye mask for enhanced results. Excellent for those concerned with anti-aging and sensitive skin.

## **VOYA SELF DISCOVERY RADIANCE FACIAL | 60 MINUTES | \$185**

Beginning with a comprehensive skin analysis, your esthetician will select from a range of products to address your particular skin concerns. Using a combination of gentle exfoliants, high-performance serums and soothing masks, this facial helps to transform your skin leaving it purified, nourished and balanced. Ideal for oily/combination, sensitive, and dry or dehydrated skin.

## **CASA DE CAMPO ORGANIC FACIAL | 60 MINUTES | \$185**

Relax. Pamper. Rejuvenate. Glow. This five-step facial is made with the purest, freshest, truly natural ingredients from the island. Featuring Moringaia's Miracle Oil based formulas, nutrient-dense tropical botanicals, and uplifting essential oils, this facial is a nourishing delight for skin, hair and spirit. Get ready to discover Nature's secret to radiant skin. Ideal for all skin types.

## **GENTLEMEN'S RAPID RESULTS FACIAL | 60 MINUTES | \$185**

Men can put their best face forward with this powerfully effective Voya treatment that gently cleanses, exfoliates and revitalizes the skin. A face and scalp massage relieves tension while a combination of specialty serums and a nourishing mask restore balance, softness and skin's youthful appearance.





# Advance Facial Collection

Our advanced collection provides immediate and visible solutions to common skin concerns. Best results are obtained when treatments are done in a series. Our professionally trained Estheticians will consult with you to determine the most advantageous approach for achieving clear, radiant, more youthful looking skin.

## HYDRAFACIAL | TIME VARIES

HydraFacial is an invigorating, non-surgical service effective for all skin types. It offers instant noticeable results with no downtime or irritation. The HydraFacial treatment removes dead skin cells and extracts impurities while simultaneously bathing the new skin with cleansing, hydrating and moisturizing serums. The treatment is soothing, refreshing, non-irritating, and immediately effective.

- Platinum Hydrafacial \$425 | 90 Minutes

In addition to the Hydrafacial treatment, we include a luxurious skin cleanse, red light therapy, scalp, neck, shoulders, hand & foot massage for our most elevated facial experience.

- Deluxe HydraFacial \$325 | 60 Minutes

In addition to the Hydrafacial treatment, we include a luxurious cleanse, hand & foot massage.

- HydraFacial™ Enhancements

- o Red Light Therapy \$75 | 10 Minutes
- o Lip or Eye Perk \$50 | 10 Minutes each
- o Lip and Eye Combo \$85 | 20 Minutes



# Facial Collection Enhancements

Choose from any of the following enhancements to upgrade your essential or advanced facial experiences.\*

- |                                    |                    |
|------------------------------------|--------------------|
| • Eye Mask Enhancement             | \$85   30 Minutes  |
| • Advanced Facial Mask Enhancement | Up to \$47         |
| • Hydrafacial Enhancement          | \$199   30 Minutes |
| • Hair & Scalp Treatment           | \$85   30 Minutes  |
| • Hand & Foot Massage              | \$85   30 Minutes  |

\*Additional charges will apply.







# Massage Collection

For centuries, massage has strengthened the body, calmed the mind, and soothed the soul. Our collection features a variety of massage styles from different cultures around the world using the highest quality products. Any of our massages may be enhanced with elevated components to further promote excellent health and well-being.

## **JARDIN DE GRASSE | 90 MINUTES | \$275**

Intoxicating scents of Rose, Jasmine and Tuberose invite you to take a mind journey to Grasse, France where splendid fields of flowers lay in wait to be transformed into the world's most sought-after fragrances. Evidens de Beaute highly sensorial massage allows you let go of all cares while immersing you in deep calm and relaxation. Gentle but firm long, fluid, and enveloping movements help to soothe the mind, promote relaxation, and relieve stress.

## **CEDRE SECLAIRE | 90 MINUTES | \$275**

The warm and grounding scents of Cedar seduce your senses during Evidens de Beaute fragrant anti-stress massage that helps you to reconnect mind, body, and soul. Firm pressure along the body's energy lines is used to increase flexibility and relieve muscle and joint tension. Results are both deeply relaxing and energizing. Extra focus and attention will be given to the upper body, including the abs, back, shoulders, neck, arms and hands.

## **VOYAGER MASSAGE JOURNEY | 90 MINUTES | \$275**

A complete top-to-toe relaxation journey tailored to your individual needs. This unique massage replicates the movement of the sea combining both stimulating and gentle techniques to unwind tension, relax and calm the body. Includes a full-body dry brushing, scalp & face massage and stretches.

## **ORGANIC HERBAL POULTICE MASSAGE | 90 MINUTES | \$275**

Surrender all stress with this delightful Voya experience for the senses. Drift away as fragrant steamed poultices filled with orange, clove, ginger and fucus serratus seaweed are tenderly massaged into the skin to gently exfoliate and nourish, while various massage techniques deeply relax and balance the body.

## **CASA DE CAMPO SIGNATURE MASSAGE | 60 MINUTES | \$185**

Our signature massage allows you to tailor the massage to your preference. Choose your favorite massage from our former spa menu or simply combine Swedish strokes with Shiatsu pressure and gentle stretches to unwind hidden tension.

## **DEEP TISSUE MUSCLE MELT | 60 MINUTES | \$185**

Ideal for the sports enthusiast and those who prefer deep pressure, this Voya massage helps to alleviate tight, stiff and aching muscles. A therapeutic combination of antioxidant and anti-inflammatory body oils combined with slow, strong strokes and targeted pressure helps to instantly relieve tension, improve circulation, and soothe tired muscles.



# Massage Collection

## HIMALAYAN SALT STONE MASSAGE | 60 MINUTES | \$185

Experience a profound sense of wellbeing as warm Himalayan salt stones combine with moringa seed oil and Swedish massage techniques to remineralize and restore balance to the body. The restoration of 84 minerals helps to improve sleep and balance the Central Nervous System.

## SIDE-BY-SIDE MASSAGE

Enjoy your choice of any massage with a loved one in our Tandem Treatment Room.

# Massage Enhancements

Choose from the following enhancements to upgrade any of your massage experiences.\*

- |                                      |                   |
|--------------------------------------|-------------------|
| • Aromatherapy Enhancement           | \$25              |
| • Swell Relief Balm                  | \$25              |
| • Advanced Facial Mask Enhancement   | Up to \$47        |
| • Nourishing Shea Butter Enhancement | \$25              |
| • MLX i3DOME                         | \$85   30 Minutes |
| • WELNAMIS AQUA WAVE BED             | \$85              |

\*Additional time may be required. Additional charges will apply.









# Body Collection

Luscious scents and soothing strokes come together to transport you to a state of bliss. This collection combines exceptional products with ancient and modern techniques to promote anti-aging and longevity for the 'house of your soul'. Elevate the effects with added 'verified' health benefits from Gharieni's state-of-the-art treatment beds.

## **CACAO ANTIOXIDANT WRAP | 90 MINUTES | \$275**

Enrapture your senses with the intoxicating smell of romantic blooms and exotic spices. An opulent Lola's Apothecary body scrub followed by a warm garden shower prepares your skin to receive a rich Cacao body mask packed with antioxidants. A neck, head and scalp massage help to banish mental angst and decompress the body. The finishing touch is an application of a decadent body souffle to leave behind baby-smooth, hydrated skin.

## **ORGANIC SEAWEED LEAF COCOON | 90 MINUTES | \$275**

Unlike any other seaweed treatment, this truly amazing detoxifying therapy by Voya uses real organic seaweed leaves to scrub and wrap your body. Excellent in conjunction with a weight loss program, this treatment begins with a bladderwrack body buff to firm and soften the skin. Next, the body is covered in Laminaria seaweed leaves to stimulate metabolic functions. This treatment finishes with a massage of hydrating lotion to soften and enrich the skin.

## **LAVENDER SLEEP COCOON | 60 MINUTES | \$185**

Rebalance the body, quench the skin and calm the mind with this sleep-inducing experience that pairs Voya and Lola's Apothecary. A lavender sugar scrub lifts away lifeless skin. An herbal body mask is applied, then the body is gently cocooned in soft muslin. Slip further into a deep state of relaxation with a soothing scalp massage and a final body moisturizer.

## **ORGANIC WARM SPICED MUD WRAP | 60 MINUTES | \$185**

Rich in potent antioxidants and minerals, and infused with aromatic scents of orange and ginger, this Voya wrap offers immediate toning and firming of the body. The multi-action effects of this treatment help to cleanse, stimulate the metabolism and provide an anti-aging boost.

## **STIMULATING SEAWEED SCRUB | 60 MINUTES | \$185**

Harness the power of the sea to refine and refresh dull, tired skin. Aromatic blends of seaweed, sugar and essential oils will nourish and refine your body's envelope. Select from two Voya formulas: Organic Lavender & Seaweed Sugar Glow to relax or Organic Peppermint & Seaweed Sugar Glow to rejuvenate.



# Body Enhancements

Choose from the following enhancements to upgrade any of your massage experiences.\*

- |                               |                   |
|-------------------------------|-------------------|
| • Knesko Advanced Facial Mask | Up to \$47        |
| • MLX i3DOME                  | \$85   30 Minutes |
| • WELNAMIS AQUA WAVE BED      | \$85   30 Minutes |

\*Additional time may be required. Additional charges will apply.



# Express Services

Abbreviated but effective 30-minute services, for our time-pressed guests.

- |  |                    |
|--|--------------------|
| • Signature Hydrafacial                              | \$199   30 Minutes |
| • Evidens de Beaute or Voya Express Facial Refresher | \$85   30 Minutes  |
| • Neck + Shoulder Massage                            | \$85   30 Minutes  |
| • Hand and Foot Massage                              | \$85   30 Minutes  |



# Touch-Free Services

Advanced wellness technologies that provide a touch-free experience, and the perfect power nap or meditation.

## **WELNAMIS DRIFT BINAURAL BODY EXPERIENCE | 30 MINUTES | \$85**

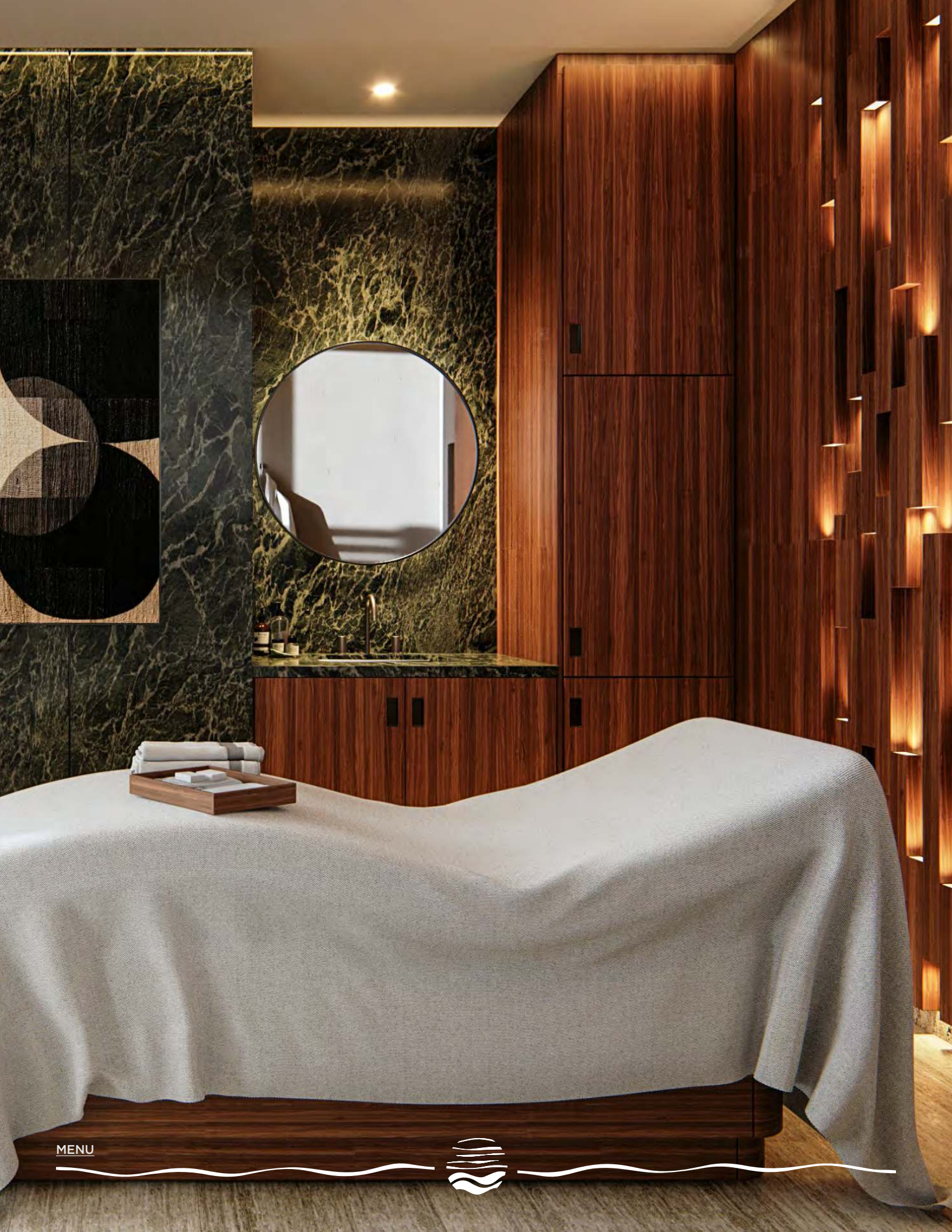
Rest and rejuvenate in the Welnamis Aqua Wave Bed. This unique treatment bed combines vibration, light and binaural acoustics to deliver an extraordinary mindfulness / power napping experience. Excellent for alleviating jet lag, improving quality and quantity of sleep, relieving anxiety and mood swings, along with combating the negative effects of stress.

## **MXL I3DOME DETOX | 30 MINUTES | \$85**

This new generation of touchless detox therapy combines 3 ultra-effective wellness technologies; far infrared rays, plasma, and light therapy to increase the body's temperature, boost the metabolism, reduce inflammation and alleviate pain. Stress levels diminish, energy levels increase, and the skin is rejuvenated.







MENU



MENU



For more information, please contact us at 000-000-0000, Ext. 000 or [spaconcierge@ccampo.com.do](mailto:spaconcierge@ccampo.com.do)

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